

High Bickington Academy Meal Menu - Summer Term 2019

	Week 1: 22/4, 20/5, 24/6, 22/7	Week 2: 29/4, 3/6, 1/7	Week 3: 6/5, 10/6, 8/7	Week 4: 13/5, 17/6, 15/7
Monday	Beef Lasagne Crusty Bread & Mixed Vegetables Fruit & Meringue Nests	Spaghetti Bolognese Crusty Bread, Peas & Carrots Fruit & Ice Cream	Beefy Macaroni Bake Seasonal Vegetables Iced Fruit Smoothie	Beef Burger in A Bap Potato Wedges & Salad Sticks Ice Cream Roll
Tuesday	Cheese & Tomato Pizza Salad & Chunky Coleslaw Jelly & Ice Cream	Sausage Roll Creamed Potatoes, Baked Beans and Vegetables Lemon drizzle cake	Tomato & Cheese Pasta Bake Crusty Bread and Vegetables Peach Melba	Chicken and Bacon with BBQ Sauce on the side Rice & Mixed Vegetables Sticky Chocolate Slice
Wednesday	Roast Pork Roast or Creamed Potatoes & Seasonal Vegetables Fruit Platter	Roast Chicken Roast or Creamed Potatoes & Seasonal Vegetables Fruit Platter	Roast Turkey Roast or Creamed Potatoes & Seasonal Vegetables Fruit Platter	Roast Gammon Roast or Creamed Potatoes & Seasonal Vegetables Fruit Platter
Thursday	West Country Sausages Creamed Potatoes & Seasonal Vegetables Carrot Cake	Macaroni Cheese Seasonal Vegetables Cornflake Crunchie	Sausage & Bacon Hash Brown, Scrambled Egg, Baked Beans, Tomatoes & Mushrooms Iced sponge	Cheese Wheels Potato Waffle and Seasonal Vegetables Mandarin Jelly
Friday	Fish Cakes Golden Fries, Salad & Vegetables Chocolate Drop Biscuit	Fish Bites Golden Fries & Vegetables Jammy Dodger Biscuit	Fish Fingers Golden Fries and Vegetables Rice Krispie Squares	Oven Baked Fish Golden Fries and Vegetables Flapjack Slice

Also available every day: -

Jacket Potato with Tuna, Cheese and/or Beans.

Fruit Yogurt or Fresh Fruit.

Reception & KS1 children – free. KS2 children £2.30 per meal.